

Survivors of Life

Off Our Rockers

SoL Support

for children of families affected by addiction.

SoL: What does it mean? **Survivors of Life**



Walking life's journey together



In hope



And having fun

SoL MATES

SoL aims to:

- Promote holistic development, (body, mind & spirit), of individual children, and
- Encourage interdependence and cohesion amongst the group, to foster a sense of belonging.

SoL Support meets for tea, fun and friendship 5-7pm on the second Thursday of each month (except holidays)

H.art 4 kids workshops are planned for school holidays

SoL-Care available during VIFs family support group from 7-9.30pm

Off Our Rockers (OOR)

Relatives raising their kin

Grandparents and relatives find themselves in an important role as primary carers to children other than their own.

Share the experience with others.

10.30am-12.30pm

1st Tuesday each month (Over 50s) &

3rd Tuesday each month (except holidays)



Carers receive special blessings.

Carers have special needs.

Carers needs are growing.

Why a village?

The village is a metaphor for the **First Floor Program** because it emphasises an aspect of community which is not present in other organisations and, in many cases, is non-existent in modern society.

Villages are important as they are inclusive and evolve to meet the needs of their population. In this way they are able to become self-sustaining communities.

Villages rely on close bonds between their members and, as a result, members feel comfortable, welcome and safe in the village environment.

The groups established here aim to meet the needs of numerous individuals who have entered our village over a period of more than ten years.

It is hoped that you and the other members enjoy the experience, whilst learning things about yourselves and assisting others in their personal discovery.

You are an integral part of the village we have created at the First Floor Restoration Program and our cafe's hospitality work program.

You are a valuable part of this community and we thank you for your special gifts. The insight and kindness which you bring help to enrich the lives of the entire village community.

salvos.org.au



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A VILLAGE OF SUPPORT

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First Floor Program

A Holistic Approach to Recovery





Very Important Families

Shared Sentence

etc
**Suicide Bereavement
Self Help Support Group**

**A listening ear
Simply being there
Help with practical concerns**

Very Important Families (VIFs)

A self help support group for those whose loved one walks a path of substance abuse.

Families feel powerless. Families feel the strain of the heavy burden of substance abuse. It's a struggle to bear the burden alone.

Come and share it!
Last Tuesday of month
from 7-9.30pm

SoL-Care (for children) available during VIFs.



Shared Sentence

For families with a loved one serving time or on parole.

Gain information

- About visiting a correctional facility
- To locate a prisoner
- Visitor transport to country correctional facilities
- What happens when your loved one is released

Enable families to

- Accept the reality of a shared sentence
- Find tools to cope
- Implement personal boundaries

Held 2nd Tuesday of month from 5-6.30 pm



**The First Floor Program
also offers the following:**
Drug & Alcohol Counselling
SMART Recovery - A self-help group exploring practical skills for use in the recovery process.

- Case Management
- Outreach Program
- Family Conferencing
- Mentoring
- Art 4 Healing
- Parenting Training
- Financial Literacy
- Workshops
- Social Outings
- Professional Workplace Training (hospitality)

For assistance or more information

Phone 4229 1079
Fax 4227 6457

Jayne Wilson Marilyn Dunn
Maris Depers Lisa Bishop

Community Programs

The Salvation Army Wollongong Corps
16 Burelli Street
Wollongong

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“Give sorrow words;
the grief that does not speak
whispers the o'er-fraught
heart and bids it break.”
-William Shakespeare-

6-8pm first Tuesday of the month

