

Family Values

What values flow from basing your family life on LOVE?

We look after each other.
 Our family has friends and we look after our friends.
 We welcome and include others.
 We show respect for each other.
 We serve others' needs before our own.
 We value our differences and aim for harmony, not unity.
 We seek and value each other's opinions.
 We are committed to each other.
 We show compassion.
 We share possessions, weaknesses, strengths, time, pain and responsibility, as well as the good things.
 We respect a need for privacy.
 We admit wrongs and say sorry.
 We forgive each other (looking at the person beyond the faults).
 We don't put others down, either within or outside the family.
 We feed into our wider community.
 We accept one another's gifts and abilities and encourage each other to develop these.
 We foster interdependence (because each person is valued for themselves and their uniqueness, each is seen as an important contributor to the whole. No room for favouritism or discrimination).
 We love each other unconditionally.

What values flow from basing your family life on JOY?

We have fun, planned and unplanned.
 We share stories.
 We cook and eat together.
 We make things together.
 We celebrate together.
 We create family memories.
 We balance work/rest/play.
 We practice regular rest.
 We are grateful for what we have.
 We value our family and work at family life.

What values flow from basing your family life on PEACE?

We make our home a place of safety - physical, psychological, emotional, spiritual - free of exploitation or abuse.
 We're careful about a good diet.
 We develop wisdom (knowing the right and best things to do).
 We are fair.
 We plan for the future.
 We have a holistic outlook balancing body, mind, spirit and emotions.

What values flow from basing your family life on PATIENCE?

We recognise that we can all help each other with

some things.

We encourage patience and concentrated effort.
 We value perseverance and endurance.
 We take a long-range perspective.
 We share our hopes.
 We are adaptable.

What values flow from basing your family life on KINDNESS?

We use our resources to help others.
 We are considerate of others.
 We practice gentleness.
 We work at being aware of others' needs.
 We take/make time for each other.
 We're not set in our own ways.
 We encourage each other.
 We listen to each other.

What values flow from basing your family life on GOODNESS?

We are honest regardless of the consequences.
 We minimise our impact on the environment.
 We encourage each other to be and do as they think they should.
 We encourage creativity and originality.
 We live transparently.
 We encourage thoughtful, reflective living.
 We accept responsibility for our actions.

What values flow from basing your family life on FAITHFULNESS?

We value the uniqueness of our family, our stories, traditions and beliefs.
 We are reliable/consistent/ trustworthy.
 We teach each other things that are important to us.
 We talk about our past and our future.
 We tell the truth.
 We reward character qualities more highly than achievement.
 We aim for simplicity.

What values flow from basing your family life on HUMILITY?

We aim to develop negotiation skills.
 We trust God's provision.
 We teach and learn from each other. None of us has 'arrived'.
 We don't take each other for granted.
 We try to understand each other.

What values flow from basing your family life on SELF-CONTROL?

We aim for self-discipline, not imposed discipline.
 We use our resources wisely, selflessly and fairly.
 We are not self-indulgent.
 We live healthy lives.
 We take calculated risks.
 We submit to each other.