

'God Helps Us'



This material is suitable for ages 5 - 7 years.

Aim:

To help the children understand that God protects those who love and follow Him.

Bible focus:

Psalm 5:11 - 12. (GNB)

You will need:

The pictures at the end of these notes

Introduction:

As you uncover each picture ask the children the following questions about them:

- ◆ What is this person's job? (Fire fighter, police officer, doctor.)
- ◆ What does this person do? (They protect us, help us, make us well.)
- ◆ How do these people keep us safe? (Put out fires, rescue us, catch bad guys, make us better.)
- ◆ Would it be scary if we didn't have people to protect us? Why?

These people help to keep us safe and they are there to help us when we need their help.

But did you know that there is someone stronger and wiser than them, who wants to be our helper?

Our best help and protection comes from our God. God made us and love us much more than anybody else ever could. He is a great protector and He is our Father in a special way — but He waits for us to tell Him that we want to be part of His family. Let's see what the Bible can tell us about this.

Bible time:

Read Psalm 5: 11 - 12. These verses were written by King David. He wrote lots of songs or poems to God about lots of things happening in his life. In these verses King David realises that God can keep him safe. King David also realises that God protects him because he has become part of God's family and is trying to live his life in a way that pleases God.

This promise can be true for us too. When we become part of God's family God will protect us also. It's very easy to become part of God's family. The way we do that is to tell God that we love Him and ask Him to help us to be a good member of His family.

Response time:

If you would like to become part of God's family you have the chance to do that today. We are going to pray together and if you would like to pray along with me you can do that. I will pause at different times in the prayer to allow you the chance to pray it quietly yourself. When we have finished it would be really great if you could come and tell me or one of the leaders that you prayed this prayer with me. We would like to know so that we can pray for you in a special way this week and if you have any more questions we'd like to be able to help you find the answers.

Prayer:

Dear God

I would like to become part of your family today (pause). I love you and I thank you for loving me too (pause). Help me to be the best member of your family I can be. (pause) Amen.

Follow up:

Try to encourage the children who have made first time decisions to come and talk to you or another leader after this session. There may be questions that some children would like to ask too and this opportunity will help them to do that.

It will be helpful to have copies of *Would you like to know Jesus?* for under eights as a follow-up resource for the children. Some age-appropriate Bible Reading notes may also be appropriate. These resources are available from your local Scripture Union Resources For Ministry bookshop ph. 02 4337 0200 or check out the website www.scriptureunion.org.au/resources/ministry.htm. Make time to go through the Bible Reading notes with their parents and the children to ensure they have a good understanding of how to use these notes.



